

Traditional Recording Form

You can use this form to keep track of your family traditions and folklore, and your research into their origins.

Family Tradition of the

Family

Description of tradition (note if the tradition has a name, how it is carried out and any associated holidays, religious rituals, food, clothing, etc.):	
When and where this tradition started:	Associated ethnicities to this tradition:
Who originated this tradition:	Who practices this tradition today?
Documentation of this tradition (note photos, videos, family diaries, etc., that show or mention the tradition. Include owner's name and contact information if possible):	
Research Notes:	